Registration begins February 16; classes begin March 14 unless noted otherwise within class descriptions.

No classes March 31. To view a list of class location abbreviations, see page 2.

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Parks and Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

Camp Challenge Summer Day Camp

Camp Challenge is a summer day camp during the months of June and July for youth ages 5-21 with developmental disabilities. Campers will participate in a variety of fun activities that promote physical exercise, mental stimulation, social skills development and other benefits. Activities include arts and crafts, games, swimming, music, field trips, bowling and many others.

We are a DDD authorized provider. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and the registration process.

Registration information will be available at www.tempe.gov/adapatedrecreation

Session One:

No Code	5-7 yrs	M-Th	5/31-6/23	8 a.m2 p.m.
No Code	8-21 yrs	M-Th	5/31-6/23	8 a.m2 p.m.

Session Two:

No Code	5-7 yrs	M-Th	6/27-7/14	8 a.m.–2 p.m.
No Code	8-21 yrs	M-Th	6/27-7/14	8 a.m2 p.m.

L.E.A.P. After-School Program

The Life Skills Enrichment After-School Program for middle/high school students with developmental disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place M-F until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and how to register.

No Code 10-21 yrs M-F 1/4-5/18 2 p.m.

Health & Fitness

Zumba

Zumba is a high-energy, cardio workout incorporating unique moves with upbeat Latin and international music. Class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. Fee: \$18. 480-858-2469 48437 13 yrs+ T 3/29-5/24 4-4:45 p.m. PAC

Friday Night Social Activities

Bingo

Bingo prizes include various small items, food/consumable items and grand prizes (typically gift cards or other larger items). Those requiring assistance must come with his/her own aide.

When: May 6 **Time:** 6:30-8 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door

Fabulous Friday Social Dances

Come out to our monthly, themed dances and boogie-woogie on the dance floor. Dances are held for individuals with disabilities, ages 13 and older. Visit www.tempe.gov/adaptedrecreation to find out the theme of the dance.

When: March 11, April 8, May 13

Time: 6:30-9 p.m.

Where: Edna Vihel Center, 3340 S. Rural Rd.

Fee: \$4; includes admission, drinks, snacks and door-prizes

Karaoke and Game Night

Come and sing your favorite songs at karaoke, play pool in the billiards room or play ping pong. We have a wide variety of karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide.

When: April 1 **Time:** 6:30-9 p.m.

Where: Pvle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door



Adapted Recreation

Movie Night

Join us as we show a recently released DVD movie. Visit www.tempe.gov/ adapted recreation to view the movie schedule. Paid admission includes choice of popcorn/candy and soda/water.

When: March 4 **Time:** 6:30-8:30 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$2 at the door

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Advance registration is recommended. Registration on site is also accepted.

- Register on-line at www.tempe.gov/brochure (use the registration code for the program).
- Mail registration to: Josh Bell, Adapted Recreation, 3500 S. Rural Rd., Suite 201, Tempe, AZ 85282. Download form from www.tempe.gov/adaptedrecreation.
- Register in person at the Recreation Office, 3500 S. Rural Rd., Suite 201, Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registrations.

Special Olympics Powerlifting

Athletes will participate in a workout regimen to build strength and train to compete in the deadlift and bench press events under the supervision of experienced powerlifting coaches. Practices are held at Performance One Advanced Sports Training, 916 E. Baseline Road Suite 130, Mesa 85204. Fee: \$10. 480-858-2469

47709

16 yrs+

- Sa

2/20-4/30

1-2:30 p.m.

Special Olympics Track & Field

From a variety of throwing events to walking and running events, track and field has options that will appeal to all ability and skills levels while keeping athletes active and engaged. Practices held at Marcos de Niza High School track and field area. No practice 3/12. Fee: \$10. 480-858-2469

47707

8 yrs+

Th

2/18-4/28

5:30-6:30 p.m.

Special Olympics Volleyball

A great sport for all ability and skills levels. Practices will focus on athletes learning the fundamental skills of volleyball and in turn using those learned technique in scrimmages and matches. Practices held at Aspire Volleyball Gym, 8350 S. Kyrene Rd. #107, Tempe 85284. Fee: \$10. 480-858-2469 47706 8 yrs+ Sa 2/27-4/30 3:30-5:30 p.m.

Make a Difference
Volunteer!
www.tempe.gov/volunteer



